

# Regina Catholic Schools: Learning Online

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**Flexible course options to  
support high performance  
athletes**



# About Our Program

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- Learning Online has provided online course options to students in the Regina Catholic School Division since 2009.
- More than 60 course options at all grade levels are available in Mathematics, Science, Social Studies, Humanities, Catholic Studies, Physical Education, Business Education, Technology, and French Immersion.
- Courses are Asynchronous, which means students can access course content where and when it fits into their schedule.

# Supporting High Performance students

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- Learning Online works with Regina Catholic high schools to create a schedule of combined online and face-to-face courses, providing flexibility to train while meeting academic goals.
- Learning Online's asynchronous courses allow students in high performance activities the freedom to work on courses where and when it fits into a training and competition schedule.
- Online summer courses are available to provide students with additional opportunities to earn credits.



# Supporting High Performance Students

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- Select French Immersion courses can be taken through Learning Online. Students can work towards their French Immersion designation while participating in high performance activities.
- Students can benefit from all the curricular and extra-curricular opportunities provided by their Regina Catholic high school and use Learning Online courses to provide flexibility in their schedule.







# Learning Online Success Stories

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**Flexibility**  
to Learn, to Create, to Perform



# High Performance Course Options

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High Performance Courses teach the curricular outcomes and objectives through the lens of high-performance activities.

Students will be able to make connections between their course content and their experiences in their elite activity pursuits.

**RCSD High Performance courses:**

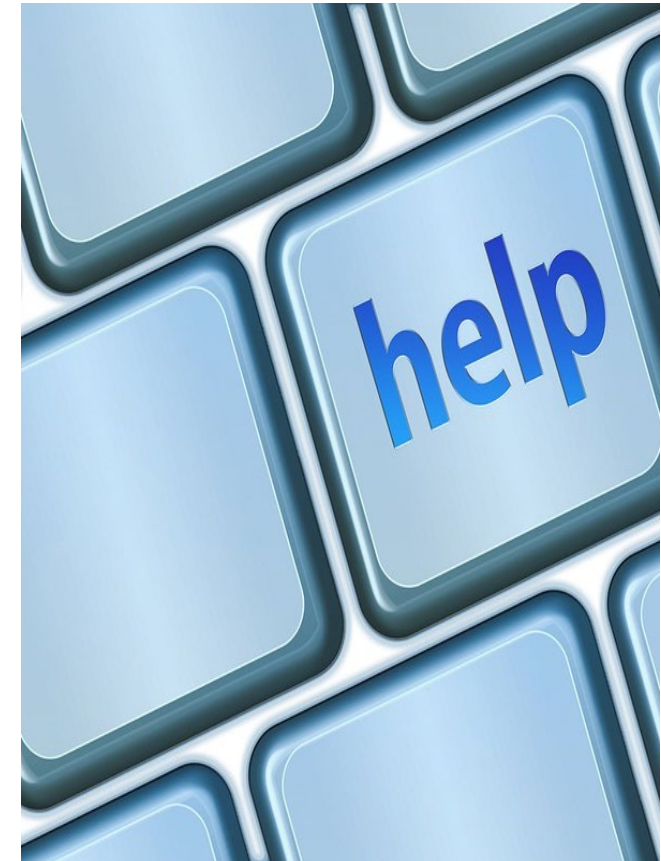
Psychology 20, Health Science 20, Life Transitions 30.



# Supporting Students

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- Classes are taught by subject area specialist teachers. Teachers are available to support students via email, course messages, and Microsoft Teams.
- Onsite support options are available for students to access.
- Learning Online works closely with school-based supports to ensure consistent student support.
- Learning Online has a guidance counsellor on staff to support students.
- Weekly academic progress reports are emailed to students and parents.



# Registration Process

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- Register at one of the RCSD high schools and select all the courses the student wants to take next year.
- Complete a Learning Online registration at found on our website and select **High Performance Program Grade 9**. Registration opens after February break.
- Once high schools have completed their schedules, Learning Online will work with the high school to create a timetable of online and in-person courses.